

L06

Back to convex: Accelerated Methods

50.579 Optimization for Machine Learning

Ioannis Panageas

ISTD, SUTD

Recap (GD)

Theorem (Gradient Descent). *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be differentiable, convex (want to minimize) and L -smooth. Let $R = \|x_0 - x^*\|_2$. It holds for $T = \frac{2R^2L}{\epsilon}$*

$$f(x_{T+1}) - f(x^*) \leq \epsilon,$$

with appropriately choosing $\alpha = \frac{1}{L}$.

Remarks

- Speed of convergence **is independent of dimension d** .
- This result gives a rate of $O\left(\frac{L}{\epsilon}\right)$.

Recap (GD) cont.

Theorem (Gradient Descent). Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be differentiable, μ -strongly convex (want to minimize) and L -smooth. Let $R = \|x_0 - x^*\|_2$. It holds for $T = \frac{2L}{\mu} \ln \left(\frac{R}{\epsilon} \right)$

$$\|x_T - x^*\|_2 \leq \epsilon,$$

with appropriately choosing $\alpha = \frac{1}{L}$.

Remarks

- Speed of convergence is independent of dimension d .
- This result gives a rate of $O\left(\frac{L}{\mu} \log \frac{1}{\epsilon}\right)$. $\kappa := \frac{L}{\mu}$ is called condition number.

Recap (GD) cont.

Theorem (Gradient Descent). Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be differentiable, μ -strongly convex (want to minimize) and L -smooth. Let $R = \|x_0 - x^*\|_2$. It holds for $T = \frac{2L}{\mu} \ln \left(\frac{R}{\epsilon} \right)$

$$\|x_T - x^*\|_2 \leq \epsilon,$$

with appropriately choosing $\alpha = \frac{1}{L}$.

Remarks

- Speed of convergence is independent of dimension d .
- This result gives a rate of $O\left(\frac{L}{\mu} \log \frac{1}{\epsilon}\right)$. $\kappa := \frac{L}{\mu}$ is called condition number.

Can we do better?

Accelerated Gradient Descent (Nesterov)

Definition (Accelerated Gradient Descent). Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be a differentiable function. The Accelerated Gradient Descent is defined as follows:

1. Initialization $x_1, y_1 = x_1$, stepsize η .
2. **For** $t=1 \dots T$ **do**
3. $y_{t+1} = x_t - \eta \nabla f(x_t)$
4. $x_{t+1} = (1 + \gamma_t)y_{t+1} - \gamma_t y_t = y_{t+1} + \gamma_t(y_{t+1} - y_t)$.
5. **End For**

Remarks

- Introduced by Nesterov in 1983. $y_{t+1} - y_t$ is called **momentum**.
- γ_t is a sequence independent of x_t and $\gamma_t \geq 0$ for all t .

Analysis for smooth, strongly convex functions

Theorem (Strongly convex case). Let $f : \mathbb{R}^n \rightarrow \mathbb{R}$ be a twice differentiable function, L -smooth and μ -strongly convex function. Assume that x^* is the minimizer and set $\gamma_t := \frac{\sqrt{\kappa}-1}{\sqrt{\kappa}+1}$ and $\eta = \frac{1}{L}$. Then it holds that

$$f(y_{t+1}) - f(x^*) \leq \frac{L + \mu}{2} \|x_1 - x^*\|_2^2 e^{-\frac{t}{\sqrt{\kappa}}},$$

hence we reach ϵ -close in ℓ_2 after $T := \sqrt{\frac{L}{\mu}} \log \left(\frac{R^2(L+\mu)}{\epsilon} \right)$ iterations.

Remarks

- This result gives a rate of $O \left(\sqrt{\frac{L}{\mu}} \log \frac{1}{\epsilon} \right)$.

Analysis for smooth, strongly convex functions

Proof. We define the following sequence of functions:

- $\Phi_1(x) = f(x_1) + \frac{\mu}{2} \|x - x_1\|_2^2$
- $\Phi_{s+1}(x) = \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_s(x) + \frac{1}{\sqrt{\kappa}} \left(f(x_s) + \nabla f(x_s)^\top (x - x_s) + \frac{\mu}{2} \|x - x_s\|_2^2 \right).$

Analysis for smooth, strongly convex functions

Proof. We define the following sequence of functions:

- $\Phi_1(x) = f(x_1) + \frac{\mu}{2} \|x - x_1\|_2^2$
- $\Phi_{s+1}(x) = \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_s(x) + \frac{1}{\sqrt{\kappa}} \left(f(x_s) + \nabla f(x_s)^\top (x - x_s) + \frac{\mu}{2} \|x - x_s\|_2^2\right).$

Intuitively, $\Phi_s(x)$ is a **finer approximation from below** of $f(x)$. Formally:

Claim (**Approximation**).

$$\Phi_{s+1} \leq f(x) + \left(1 - \frac{1}{\sqrt{\kappa}}\right)^s (\Phi_1(x) - f(x)).$$

Analysis for smooth, strongly convex functions

Proof of Claim.

$$\Phi_{t+1}(x) = \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} \left(f(x_t) + \nabla f(x_t)^\top (x - x_t) + \frac{\mu}{2} \|x - x_t\|_2^2 \right)$$

Analysis for smooth, strongly convex functions

Proof of Claim.

$$\begin{aligned}\Phi_{t+1}(x) &= \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} \left(f(x_t) + \nabla f(x_t)^\top (x - x_t) + \frac{\mu}{2} \|x - x_t\|_2^2 \right) \\ &\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} f(x) \text{ from strong convexity,}\end{aligned}$$

Analysis for smooth, strongly convex functions

Proof of Claim.

$$\begin{aligned}\Phi_{t+1}(x) &= \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} \left(f(x_t) + \nabla f(x_t)^\top (x - x_t) + \frac{\mu}{2} \|x - x_t\|_2^2\right) \\ &\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} f(x) \text{ from strong convexity,} \\ &= f(x) + \left(1 - \frac{1}{\sqrt{\kappa}}\right) (\Phi_t(x) - f(x)).\end{aligned}$$

$$\text{Therefore } \Phi_{t+1}(x) - f(x) \leq \left(1 - \frac{1}{\sqrt{\kappa}}\right) (\Phi_t(x) - f(x)).$$

Analysis for smooth, strongly convex functions

Proof of Claim.

$$\begin{aligned}\Phi_{t+1}(x) &= \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} \left(f(x_t) + \nabla f(x_t)^\top (x - x_t) + \frac{\mu}{2} \|x - x_t\|_2^2\right) \\ &\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} f(x) \text{ from strong convexity,} \\ &= f(x) + \left(1 - \frac{1}{\sqrt{\kappa}}\right) (\Phi_t(x) - f(x)).\end{aligned}$$

Therefore $\Phi_{t+1}(x) - f(x) \leq \left(1 - \frac{1}{\sqrt{\kappa}}\right) (\Phi_t(x) - f(x))$.

Telescopic product: $\Phi_{t+1}(x) - f(x) \leq \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t (\Phi_1(x) - f(x))$.

Analysis for smooth, strongly convex functions

Proof cont.

We also need to bound f from above. Formally we have:

Analysis for smooth, strongly convex functions

Proof cont.

We also need to bound f from above. Formally we have:

Claim (From above).

$$f(y_s) \leq \min_x \Phi_s(x).$$

Assuming for now the claim is true we have:

Analysis for smooth, strongly convex functions

Proof cont.

We also need to bound f from above. Formally we have:

Claim (From above).

$$f(y_s) \leq \min_x \Phi_s(x).$$

Assuming for now the claim is true we have:

$$\begin{aligned} f(y_s) - f(x^*) &\leq \Phi_t(x^*) - f(x^*) \\ &\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t (\Phi_1(x^*) - f(x^*)) \end{aligned}$$

Analysis for smooth, strongly convex functions

Proof cont.

We also need to bound f from above. Formally we have:

Claim (From above).

$$f(y_s) \leq \min_x \Phi_s(x).$$

Assuming for now the claim is true we have:

$$\begin{aligned} f(y_s) - f(x^*) &\leq \Phi_t(x^*) - f(x^*) \\ &\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t (\Phi_1(x^*) - f(x^*)) \\ &\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t (f(x_1) - f(x^*) + \frac{\mu}{2} \|x_1 - x^*\|_2^2) \end{aligned}$$

Analysis for smooth, strongly convex functions

Proof cont.

W Since $f(x_1) - f(x^*) \leq \underbrace{\nabla f(x^*)^\top (x_1 - x^*)}_{=0} + \frac{L}{2} \|x_1 - x^*\|_2^2$, we get

C

$$f(y_s) - f(x^*) \leq \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t \frac{L+\mu}{2} \|x_1 - x^*\|_2^2$$

Assuming for now the claim is true we have:

$$\begin{aligned} f(y_s) - f(x^*) &\leq \Phi_t(x^*) - f(x^*) \\ &\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t (\Phi_1(x^*) - f(x^*)) \\ &\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t (f(x_1) - f(x^*) + \frac{\mu}{2} \|x_1 - x^*\|_2^2) \end{aligned}$$

Analysis for smooth, strongly convex functions

Proof of second Claim. Let's use GD now and **induction**. For $s = 1$ we have $f(y_1) \leq \min_x \Phi_1(x)$ (why?)

Analysis for smooth, strongly convex functions

Proof of second Claim. Let's use GD now and **induction**. For $s = 1$ we have $f(y_1) \leq \min_x \Phi_1(x)$ (why?). Set $\min_x \Phi_s(x) = \Phi_s^*$.

$$\begin{aligned} f(y_{s+1}) &\leq f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2 \text{ (descent lemma),} \\ &= \left(1 - \frac{1}{\sqrt{\kappa}}\right) f(y_s) + \left(1 - \frac{1}{\sqrt{\kappa}}\right) (f(x_s) - f(y_s)) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2 \end{aligned}$$

Analysis for smooth, strongly convex functions

Proof of second Claim. Let's use GD now and **induction**. For $s = 1$ we have $f(y_1) \leq \min_x \Phi_1(x)$ (why?). Set $\min_x \Phi_s(x) = \Phi_s^*$.

$$\begin{aligned} f(y_{s+1}) &\leq f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2 \text{ (descent lemma),} \\ &= \left(1 - \frac{1}{\sqrt{\kappa}}\right) f(y_s) + \left(1 - \frac{1}{\sqrt{\kappa}}\right) (f(x_s) - f(y_s)) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2 \\ &\stackrel{\text{induction}}{\leq} \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_s^* + \left(1 - \frac{1}{\sqrt{\kappa}}\right) (f(x_s) - f(y_s)) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2 \end{aligned}$$

Analysis for smooth, strongly convex functions

Proof of second Claim. Let's use GD now and **induction**. For $s = 1$ we have $f(y_1) \leq \min_x \Phi_1(x)$ (why?). Set $\min_x \Phi_s(x) = \Phi_s^*$.

$$\begin{aligned} f(y_{s+1}) &\leq f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2 \quad (\text{descent lemma}), \\ &= \left(1 - \frac{1}{\sqrt{\kappa}}\right) f(y_s) + \left(1 - \frac{1}{\sqrt{\kappa}}\right) (f(x_s) - f(y_s)) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2 \end{aligned}$$

induction

$$\underbrace{\leq}_{\text{induction}} \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_s^* + \left(1 - \frac{1}{\sqrt{\kappa}}\right) (f(x_s) - f(y_s)) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2$$

convexity

$$\underbrace{\leq}_{\text{convexity}} \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_s^* + \left(1 - \frac{1}{\sqrt{\kappa}}\right) \nabla f(x_s)^\top (x_s - y_s) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2$$

Analysis for smooth, strongly convex functions

Proof of second Claim. Let's use GD now and **induction**. For $s = 1$ we have $f(y_1) \leq \min_x \Phi_1(x)$ (why?). Set $\min_x \Phi_s(x) = \Phi_s^*$.

$$\begin{aligned} f(y_{s+1}) &\leq f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2 \quad (\text{descent lemma}), \\ &= \left(1 - \frac{1}{\sqrt{\kappa}}\right) f(y_s) + \left(1 - \frac{1}{\sqrt{\kappa}}\right) (f(x_s) - f(y_s)) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2 \end{aligned}$$

induction

$$\underbrace{\leq}_{\text{induction}} \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_s^* + \left(1 - \frac{1}{\sqrt{\kappa}}\right) (f(x_s) - f(y_s)) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2$$

convexity

$$\underbrace{\leq}_{\text{convexity}} \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_s^* + \left(1 - \frac{1}{\sqrt{\kappa}}\right) \nabla f(x_s)^\top (x_s - y_s) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2$$

Pause...

Analysis for smooth, strongly convex functions

Proof of second Claim cont. Observe that $\nabla^2 \Phi_s(x) = \mu I_d$,
therefore $\Phi_s(x) = \Phi_s^* + \frac{\mu}{2} \|x - v_s\|_2^2$ for some v_s .

Analysis for smooth, strongly convex functions

Proof of second Claim cont. Observe that $\nabla^2 \Phi_s(x) = \mu I_d$,

therefore $\Phi_s(x) = \Phi_s^* + \frac{\mu}{2} \|x - v_s\|_2^2$ for some v_s .

Since $\nabla \Phi_{s+1}(x) = \mu(1 - \frac{1}{\sqrt{k}})(x - v_s) + \frac{1}{\sqrt{k}} \nabla f(x_s) + (1 - \frac{1}{\sqrt{k}})(x - x_s)$ and v_{s+1} is a minimizer of Φ_{s+1} (that is $\nabla \Phi_{s+1}(v_{s+1}) = 0$) we can find a relation for v_{s+1}, v_s .

Analysis for smooth, strongly convex functions

Proof of second Claim cont. Observe that $\nabla^2 \Phi_s(x) = \mu I_d$,

therefore $\Phi_s(x) = \Phi_s^* + \frac{\mu}{2} \|x - v_s\|_2^2$ for some v_s .

Since $\nabla \Phi_{s+1}(x) = \mu(1 - \frac{1}{\sqrt{\kappa}})(x - v_s) + \frac{1}{\sqrt{\kappa}} \nabla f(x_s) + (1 - \frac{1}{\sqrt{\kappa}})(x - x_s)$ and v_{s+1} **is a minimizer of Φ_{s+1} (that is $\nabla \Phi_{s+1}(v_{s+1}) = 0$)** we can find a relation for v_{s+1}, v_s .

We conclude that

$$v_{s+1} = (1 - \frac{1}{\sqrt{\kappa}})v_s + \frac{1}{\sqrt{\kappa}}x_s - \frac{1}{\mu\sqrt{\kappa}}\nabla f(x_s)$$

Analysis for smooth, strongly convex functions

Proof of second Claim cont. Observe that $\nabla^2 \Phi_s(x) = \mu I_d$,

therefore $\Phi_s(x) = \Phi_s^* + \frac{\mu}{2} \|x - v_s\|_2^2$ for some v_s .

Since $\nabla \Phi_{s+1}(x) = \mu(1 - \frac{1}{\sqrt{\kappa}})(x - v_s) + \frac{1}{\sqrt{\kappa}} \nabla f(x_s) + (1 - \frac{1}{\sqrt{\kappa}})(x - x_s)$ and v_{s+1} **is a minimizer of Φ_{s+1} (that is $\nabla \Phi_{s+1}(v_{s+1}) = 0$)** we can find a relation for v_{s+1}, v_s .

We conclude that

$$v_{s+1} = (1 - \frac{1}{\sqrt{\kappa}})v_s + \frac{1}{\sqrt{\kappa}}x_s - \frac{1}{\mu\sqrt{\kappa}}\nabla f(x_s)$$

Evaluating Φ_{s+1} at x_s we have

$$\Phi_{s+1}^* + \frac{\mu}{2} \|x_s - v_{s+1}\|_2^2 = (1 - \frac{1}{\sqrt{\kappa}})\Phi_s^* + \frac{\mu}{2}(1 - \frac{1}{\sqrt{\kappa}}) \|x_s - v_s\|_2^2 + \frac{1}{\sqrt{\kappa}}f(x_s)$$

Analysis for smooth, strongly convex functions

Proof of second Claim cont.

Evaluating Φ_{s+1} at x_s we have

$$\Phi_{s+1}^* + \frac{\mu}{2} \|x_s - v_{s+1}\|_2^2 = (1 - \frac{1}{\sqrt{\kappa}}) \Phi_s^* + \frac{\mu}{2} (1 - \frac{1}{\sqrt{\kappa}}) \|x_s - v_s\|_2^2 + \frac{1}{\sqrt{\kappa}} f(x_s)$$

Two last observations:

- $\|x_s - v_{s+1}\|_2^2$ is equal to

$$= (1 - \frac{1}{\sqrt{\kappa}}) \|x_s - v_s\|_2^2 + \frac{1}{\mu^2 \kappa} \|\nabla f(x_s)\|_2^2 - \frac{2}{\mu \sqrt{\kappa}} \nabla f(x_s)^\top (v_s - x_s),$$

Analysis for smooth, strongly convex functions

Proof of second Claim cont.

Evaluating Φ_{s+1} at x_s we have

$$\Phi_{s+1}^* + \frac{\mu}{2} \|x_s - v_{s+1}\|_2^2 = (1 - \frac{1}{\sqrt{\kappa}}) \Phi_s^* + \frac{\mu}{2} (1 - \frac{1}{\sqrt{\kappa}}) \|x_s - v_s\|_2^2 + \frac{1}{\sqrt{\kappa}} f(x_s)$$

Two last observations:

- $\|x_s - v_{s+1}\|_2^2$ is equal to

$$= (1 - \frac{1}{\sqrt{\kappa}}) \|x_s - v_s\|_2^2 + \frac{1}{\mu^2 \kappa} \|\nabla f(x_s)\|_2^2 - \frac{2}{\mu \sqrt{\kappa}} \nabla f(x_s)^\top (v_s - x_s),$$

- Assume $v_s - x_s = \sqrt{\kappa}(x_s - y_s)$ then by induction

$$\begin{aligned} v_{s+1} - x_{s+1} &= (1 - \frac{1}{\sqrt{\kappa}}) v_s + \frac{1}{\sqrt{\kappa}} x_s - \frac{1}{\mu \sqrt{\kappa}} \nabla f(x_s) - x_{s+1} \\ &= \sqrt{\kappa} x_s - (\sqrt{\kappa} - 1) y_s - \frac{\sqrt{\kappa}}{L} \nabla f(x_s) - x_{s+1} \end{aligned}$$

Analysis for smooth, strongly convex functions

Proof of second Claim cont.

Evaluating Φ_{s+1} at x_s we have

$$\Phi_{s+1}^* + \frac{\mu}{2} \|x_s - v_{s+1}\|_2^2 = (1 - \frac{1}{\sqrt{\kappa}}) \Phi_s^* + \frac{\mu}{2} (1 - \frac{1}{\sqrt{\kappa}}) \|x_s - v_s\|_2^2 + \frac{1}{\sqrt{\kappa}} f(x_s)$$

Two last observations:

- $\|x_s - v_{s+1}\|_2^2$ is equal to

$$= (1 - \frac{1}{\sqrt{\kappa}}) \|x_s - v_s\|_2^2 + \frac{1}{\mu^2 \kappa} \|\nabla f(x_s)\|_2^2 - \frac{2}{\mu \sqrt{\kappa}} \nabla f(x_s)^\top (v_s - x_s),$$

- Assume $v_s - x_s = \sqrt{\kappa}(x_s - y_s)$ then by induction

$$\begin{aligned} v_{s+1} - x_{s+1} &= (1 - \frac{1}{\sqrt{\kappa}}) v_s + \frac{1}{\sqrt{\kappa}} x_s - \frac{1}{\mu \sqrt{\kappa}} \nabla f(x_s) - x_{s+1} \\ &= \sqrt{\kappa} x_s - (\sqrt{\kappa} - 1) y_s - \frac{\sqrt{\kappa}}{L} \nabla f(x_s) - x_{s+1} \\ &= \sqrt{\kappa} y_{s+1} - (\sqrt{\kappa} - 1) y_s - x_{s+1} = \sqrt{\kappa} (x_{s+1} - y_{s+1}) \end{aligned}$$

Analysis for smooth convex functions

Theorem (*L-smooth case*). Let $f : \mathbb{R}^n \rightarrow \mathbb{R}$ be a twice differentiable function, L -smooth. Assume that x^* is the minimizer and set $\eta = \frac{1}{L}$, $\gamma_t := \frac{\lambda_t - 1}{\lambda_{t+1}}$ where $\lambda_0 = 0$ and $\lambda_t = \frac{1 + \sqrt{1 + 4\lambda_{t-1}^2}}{2}$. Then it holds that

$$f(y_t) - f(x^*) \leq \frac{2L \|x_1 - x^*\|_2^2}{t^2},$$

hence we reach ϵ -close in value after $T := \left(\sqrt{\frac{2LR^2}{\epsilon}} \right)$ iterations.

Remarks

- This result gives a rate of $O\left(\sqrt{\frac{L}{\epsilon}}\right)$.
- The proof follows similar arguments to the classic GD smooth case.

Analysis for smooth convex functions

Theorem (*L-smooth case*). Let $f : \mathbb{R}^n \rightarrow \mathbb{R}$ be a twice differentiable function, L -smooth. Assume that x^* is the minimizer and set $\eta = \frac{1}{L}$, $\gamma_t := \frac{\lambda_t - 1}{\lambda_{t+1}}$ where $\lambda_0 = 0$ and $\lambda_t = \frac{1 + \sqrt{1 + 4\lambda_{t-1}^2}}{2}$. Then it holds that

$$f(y_t) - f(x^*) \leq \frac{2L \|x_1 - x^*\|_2^2}{t^2},$$

hence we reach ϵ -close in value after $T := \left(\sqrt{\frac{2LR^2}{\epsilon}} \right)$ iterations.

Remarks

- This result gives a rate of $O\left(\sqrt{\frac{L}{\epsilon}}\right)$.
- The proof follows similar arguments to the classic GD smooth case.

Remark, this is the best you can do provably!

Conclusion

- Introduction to Accelerated Methods.
 - L-smooth and strongly convex cases.
 - Better rates of convergence (tight)
- Next lecture we will talk about min-max optimization.